

**MT. EVEREST
(CHOMOLUNGMA,
SAGARMATHA)**

KALA PATTAR 5545m

GORAK SHEP 5140m

Kala Pattar

**étape 10
Lobuche (15km)**

LOBUCHE 4970m

étape 11

Kala Pattar - Pheriche (20km)

PHERICHE 4240m

